

## MENTORING MONDAY

### MENTORING MONDAY

# Women build teams, find 'can' statements

Meet your mentor at the Bizwomen Mentoring Monday event. Join *Columbus Business First* on April 7 for the first event of its kind and the beginning of an annual effort that will bring women together in a casual, fast-paced coaching atmosphere. The event will be held from 7:30 to 9:30 a.m. at COSI. All of the mentors will be featured in the weekly edition in the coming weeks.

**bizwomen**  
COLUMBUS BUSINESS FIRST



#### VINITA BAHRI-MEHRA

**Firm:** Kegler Brown Hill & Ritter LPA

**Title:** Director and Asia-Pacific team leader

**Biggest career accomplishment:** Becoming a director at Kegler. When I came from India, I joined Kegler as a paralegal, as I was working through getting myself licensed to practice law in Ohio. Through hard work and determination, I was made a director at the firm in six years.

**Best career advice:** My father told me "there is a difference between being rich monetarily, and rich in life, therefore one should devote the time in gaining wealth of knowledge, which would lead to richness in life."



#### PAMELA SPRINGER

**Company:** Mindset Digital  
**Title:** CEO

**Biggest career accomplishment:** As CEO of the company, having more than 70 percent of the associates say (via a third-party survey) that it's the best place they've ever worked. Build a special company - for special people - to do special things. Live, love, learn and leave a legacy.

**Best career advice:** "Leaders are believers." From my close friend and business consultant/author Barry Rellaford.



#### INGRID FIELDS

**Company:** Tempest Networking

**Title:** President

**Biggest career accomplishment:** As a sales manager in Ohio I was given a turnaround assignment in another city. The team was decimated by layoffs, turnover, poor performing leaders and sales. Within four years we rocketed to a top 1 percent team with everyone making their goals and most earning 150 percent of their targets. The best part was the customer loyalty and trust we had built situation by situation, implementation by implementation.



#### STEPHANIE CANNON

**Organization:** Nationwide Children's Hospital

**Title:** Director, interactive marketing

**Biggest career accomplishment:** Building the web/interactive marketing team here at Nationwide Children's from scratch has been the most rewarding. Starting as a team of one and now having the pleasure of working with seven innovative experts on a daily basis is exciting.

**Best career advice:** My current boss, Donna Teach, has probably influenced me the most. She has an unwavering ability to "work your plan and plan your work" and does her best to have fun all the while, too.



#### SHEILA AEKINS

**Company:** Health Care DataWorks Inc.

**Title:** Human resources manager

**Best career advice:** I have been very fortunate to work directly with numerous C-level individuals as mentors throughout my career. This has allowed me to learn more about the business side of operations and has given me a greater understanding of the importance of HR solutions aligning with company goals. Early in my career an executive said that those members most valuable to his team were those who worked to find solutions, or "can" statements to business challenges; those who were able to think outside the box and create roads toward achieving company goals.